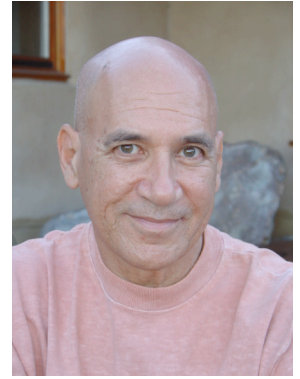


Embodied Awakening with Swami/Allan Ajaya, PhD

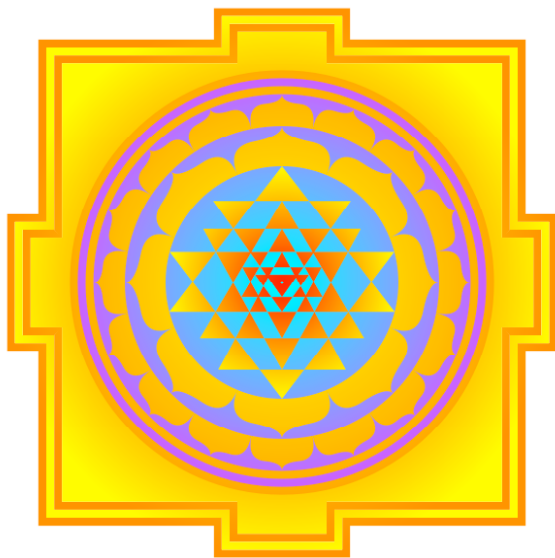
Moonheart Healing Arts Center
59 West 19th Street, Suite 3A(2)

Sunday, September 27th 10 AM to Noon \$30

No Advance Purchase is Necessary. Just Come!



Dr. Ajaya is an innovator in enhancing western psychology with eastern spiritual practice. He authored *Yoga Psychology: A Practical Guide to Meditation*, *Psychotherapy East and West: A Unifying Paradigm*, and *Healing the Whole Person*; and co-authored with Swami Rama: *Yoga and Psychotherapy: The Evolution of Consciousness*, and *Emotion to Enlightenment*.



*Within the complexity of human life
lives simplicity.*

*Hidden by all of our ideas and explanations
is truth.*

*Behind our posturing
breathes innocence.*

*All of our struggles
camouflage ease.*

*Our fortifications
protect us from love.*

- ☆ **Awaken** to Your Experience of Being Awareness
- ☆ **Awaken** to Living Gracefully in the World
- ☆ **Awaken** to Your Inner Guide in Your Daily Life
- ☆ **Awaken** to Spontaneity and Living Fully in the Here and Now

Swami/Allan Ajaya, PhD is available Sept. 25 to 27 for **individual experiential sessions** in guided meditation, metaphor therapy, entheogenic counseling, life coaching, and more.

Call him to schedule an appointment: 608-838-7225

For more information: <http://www.beingawareness.org/>

Visit Moonheart Healing Arts Center at <http://www.om-suite-home.com>